

## 8. RECOMMENDED WEBSITE INFORMATION



Listed below are reputable websites that may be helpful to both you and your family as you research information on prostate cancer treatment options, side effects, recurrence, nutrition and wellness, and other related topics. Understanding what is happening to you is key in helping you understand your treatment options. The more information you have when you receive a new diagnosis, the better equipped you will be at making treatment decisions.

For your convenience, if you would like the links below emailed to you, please contact your patient navigator at 443-738-8078.

**Prostate Cancer Foundation** ([www.pcf.org](http://www.pcf.org)): Information to help you understand your diagnosis, ongoing research, and additional resources such as financial help and support groups. PCF is the leading philanthropic organization funding and accelerating prostate cancer research globally.

**National Comprehensive Cancer Network** ([www.nccn.org/professionals/physician\\_gls/f\\_guidelines.asp](http://www.nccn.org/professionals/physician_gls/f_guidelines.asp)): Provides clinical practice guidelines for many types of cancer, including prostate. Chesapeake Urology uses the NCCN guidelines as the standard of care. This is a website devoted to patients, caregivers, and their families.

**American Cancer Society** ([www.cancer.org](http://www.cancer.org)): Provides information on the basic questions and answers related to prostate cancer.

**National Cancer Institute at the National Institutes of Health**

([www.cancer.gov/cancertopics/pdq/treatment/prostate/Patient/page1](http://www.cancer.gov/cancertopics/pdq/treatment/prostate/Patient/page1)): Information and illustrations provided discussing staging, treatment options, recurrence and statistics for prostate cancer.

**Chesapeake Urology Web Site** ([www.chesapeakeurology.com](http://www.chesapeakeurology.com)): Information on all aspects of prostate cancer including diagnosis, treatments, support programs and networks for patients and their families, and more.

**Great Sex after Cancer** ([www.greatsexaftercancer.com](http://www.greatsexaftercancer.com)): This site offers ways to revitalize your sexuality and intimacy after prostate cancer by its author, Rabbi Ed Weinsberg, Ed.D., D.D.

**On The Line** ([www.ontheline.com](http://www.ontheline.com)): For men and a separate site for women. Raises prostate cancer awareness and is presented in an easy to understand format.

**Us Too Prostate Cancer Support Community** ([www.inspire.com/groups/us-too-prostate-cancer](http://www.inspire.com/groups/us-too-prostate-cancer)):

Connects patients, families, friends and caregivers to enhance the quality of life for all those affected by prostate cancer. This community is sponsored by Us TOO International Prostate Cancer Education & Support Network, an Inspire trusted partner. ([www.ustoo.org](http://www.ustoo.org))

### **National Cancer Institute**

([www.cancer.gov/cancertopics/treatment/prostate/understanding-prostate-cancer-treatment/page1](http://www.cancer.gov/cancertopics/treatment/prostate/understanding-prostate-cancer-treatment/page1)): This site contains information to help you learn about early-stage prostate cancer, different treatments, and the benefits and risks of each type of treatment. Most men will need more information than this booklet gives them to make a decision about treatment. For a list of groups that provide more information and support, please see the “Ways to Learn More” section. Also, see the section if you have prostate cancer that has spread beyond the prostate or has returned after treatment. For your convenience, on the left hand side of your screen you will see choices to either View Entire Document, View/Print PDF, or Order Free Copy.

**The Prostate Diaries** ([www.theprostatedecision.wordpress.com](http://www.theprostatedecision.wordpress.com)): Medical insight, personal stories and humor from a “urologist with his own disease.” An insider’s view to aid the newly diagnosed prostate cancer patient and his family. This site also provides an “Informative Links” section for additional resources as well as a “prostate humor” section good for those who are ready to laugh a little.

**Women Against Prostate Cancer (WAPC)** ([www.womenagainstprostatecancer.org](http://www.womenagainstprostatecancer.org)): A national organization working to unite the voices and provide support for the millions of women and their families affected by prostate cancer. WAPC advocates for prostate cancer education, public awareness, screenings, legislation, and treatment options.

**Erectile Dysfunction Institute** ([www.edcure.org](http://www.edcure.org)): Devoted to explaining erectile dysfunction, common causes, and treatments available.

**Prostate Cancer Facts** ([www.prostatecancerfacts.com](http://www.prostatecancerfacts.com)): Information to help you better understand the disease and help you make informed decisions about your treatment

**Bioderm** ([www.bioderm.us](http://www.bioderm.us)): Provides information on their external urinary management device. You can go to the website or call 800-373-7006 for free samples.